MidMichigan Obstetrics & Gynecology, P.C.

3016 W. Wackerly Street

Midland, MI 48640

**989.631.6730**

**After-Hours emergencies 989.631.0970**

**Please contact the office or call the after-hours emergency number when:**

1. Baby is less active than usual.
2. You have bleeding or spotting, and you haven’t had recent intercourse.
3. You think your water may have broken and you are less than 36 weeks.
4. You have fallen, but you haven’t had any trauma to your abdomen.
5. You are less than 37 weeks and you have more than 4 contractions per hour.

**Please report to Labor and Delivery when:**

1. You haven’t felt baby move in more than 24 hours and you are greater than 24 weeks.
2. You have fallen and have had trauma to your abdomen.
3. You think your water may have broken and you are more than 36 weeks.
4. Contractions for a first delivery are 5 minutes apart for 1 hour, lasting one minute, and are very uncomfortable.
5. Contractions for all other deliveries are 7 to 8 minutes apart.